



MENU

LUNCH: MON-FRI 11.30AM - 2.30PM

SAT-SUN 11.30AM - 4PM

DINNER: 7 DAYS 5.30PM - 9PM

SHARE YOUR EXPERIENCE

 @trinitybeachsportsclub

LEAVE A REVIEW



Please note that all care is given when catering for special dietary and food allergy requirements. Customer requests will be catered to the best of our ability, but ingredients may come into contact the meal in question and the decision to consume a meal is the responsibility of the diner.

ALLERGEN KEY

GF GLUTEN FREE - **GFO** GLUTEN FREE OPTION - **DF** DAIRY FREE
DFO DAIRY FREE OPTION - **V** VEGETARIAN - **VO** VEGETARIAN OPTION
SEAFOOD ORIGIN : **(A)** AUSTRALIAN - **(I)** INTERNATIONAL - **(M)** MIXED

LUNCH

MON-FRI 11.30AM-2.30PM | SAT-SUN 11.30AM-4PM

HAM, CHEESE, TOMATO TOASTIE & CHIPS	12 / 15
BLT SANDWICH bacon, lettuce, tomato, chips	13 / 16
BATTERED FISH (I) chips, salad, tartare sauce	18 / 21
LUNCH SCHNITZEL (200G) chips, salad, choice of sauce	18 / 21
CHICKEN WRAP DFO grilled or crispy chicken, mesclun, red onion, mozzarella, tomato, house dressing, chips	22 / 25

STARTERS

AVAILABLE LUNCH & DINNER

GARLIC BREAD V	9 / 12
ADD cheese V	+2
ADD cheese, bacon	+4
BRUSCHETTA V, GFO +5	15 / 18
cherry tomato, red onion, basil pesto, fetta, on sourdough Vienna	
VEGETARIAN SPRING ROLL (4)	10 / 13
sweet chilli sauce	
STEAMED PORK DIM SIM (4)	14 / 17
sweet chilli sauce	
FRIED CHICKEN BAO (3)	16 / 19
spicy glazed chicken, kewpie mayo, coleslaw, pickled cucumber	
CHARGRILLED KING PRAWNS (A) GF, DFO	24 / 27
papaya herb salad, charred pineapple Nam Jim, toasted coconut, chilli	
CRISPY CHICKEN WINGS GF, DFO	
500g of wings	18 / 21
1kg of wings	28 / 31
smoky BBQ sauce, ranch dressing, Buffalo sauce	

SALADS

AVAILABLE LUNCH & DINNER

CAESAR SALAD GFO, DFO, CONTAINS FISH 21 / 24

cos lettuce, bacon, parmesan, croutons, egg, anchovies, Caesar dressing

MEXICAN SALAD DFO 25 / 28

cos lettuce, coleslaw, beef chilli con carne, cherry tomato, guacamole, sour cream, in a tortilla bowl

THAI BEEF SALAD GF, DF, CONTAINS FISH 27 / 30

beef strips, mesclun, red onion, cucumber, cherry tomato, mint, coriander, fried shallots, Thai dressing

PUMPKIN SALAD V, DFO 22 / 25

roasted pumpkin, hummus, rocket, fetta, pomegranate, flaked almonds, pomegranate balsamic vinaigrette

ADD

grilled chicken +7

fried calamari (6)(I) +6

grilled prawns (6) (I) +10

MEMBER / NON MEMBER PRICING

PASTA

AVAILABLE LUNCH & DINNER

BOLOGNESE **24 / 27**

spaghetti, slow-cooked beef ragù, parmesan, parsley, garlic bread

SEAFOOD MARINARA (M) DFO **29 / 32**

spaghetti, mackerel, prawns, calamari, mussels, cherry tomato, Rosé sauce, parsley, lemon

BOSCAIOLA **27 / 30**

spaghetti, bacon, mushroom, creamy garlic sauce, rocket, parmesan

ADD chicken **+7**

TUSCAN STYLE GNOCCHI v **24 / 27**

potato gnocchi, baby spinach, cherry tomato, creamy garlic sauce, flaked almonds, parmesan

PIZZA

AVAILABLE LUNCH & DINNER

GLUTEN FREE PIZZA + \$5

HAWAIIAN 20 / 23

Napoli base, ham, pineapple, mozzarella

VEGETARIAN^v 24 / 27

Napoli base, artichoke, roast capsicum, mushroom, zucchini, red onion, mozzarella, fetta, rocket

LOADED PEPPERONI 24 / 27

Napoli base, pepperoni, mozzarella

ULTIMATE SUPREME CONTAINS FISH 27 / 30

Napoli base, ham, pepperoni, mushroom, red onion, roast capsicum, pineapple, olives, anchovies, mozzarella

CARNIVORE 27 / 30

Napoli base, beef, ham, bacon, pepperoni, red onion, mozzarella, smoky BBQ swirl

BURGERS & SANDWICHES

AVAILABLE LUNCH & DINNER

STEAK SANDWICH DFO **28 / 31**

Turkish bread, beef rump, bacon, tomato, cheese, mesclun, grilled onion, smoky BBQ sauce, smoky aioli, chips

AUSSIE BEEF & BACON BURGER DFO **25 / 28**

180g Angel Bay beef patty, bacon, mesclun, tomato, cheese, red onion, Bulldogs' burger sauce, chips

CHICKEN & BACON BURGER DFO **24 / 27**

crispy or grilled chicken, bacon, mesclun, tomato, cheese, red onion, smoky aioli, chips

ASIAN FAVOURITES

AVAILABLE LUNCH & DINNER

PRAWN & CHICKEN MEE GORENG (V) **30 / 33**

egg noodle, prawns, chicken, cabbage, beansprout, Mee goreng sauce, fried egg, shallot

THAI CHICKEN & CASHEW **28 / 31**

chicken, cashews, capsicum, carrot, onion, Thai stir fry sauce, steamed jasmine rice

STEAMED BARRAMUNDI (A) **32 / 35**

steamed local barramundi fillet, fragrant soy sauce, Asian greens, steamed jasmine rice

CLUB CLASSICS

AVAILABLE LUNCH & DINNER

CHICKEN SCHNITZEL (300G) 27 / 30

crumbed schnitzel, chips, salad, your choice of sauce

SAUCES All sauces GF, Extra sauce +3

traditional gravy, pepper, creamy garlic, mushroom, hollandaise, Bulldog's burger sauce

CLASSIC PARM +3

Napoli sauce, ham, mozzarella

CARBONARA PARM +7

creamy garlic, mushroom, bacon, mozzarella

FISH & CHIPS (A) GFO, DF 28 / 31

battered, crumbed or grilled Mackerel, chips, salad,
tartare, lemon

SALT & PEPPER CALAMARI (I) GFO, DF 18 / 21

lemon aioli, lemon

ADD chips & salad +8

CREAMY GARLIC PRAWNS (I) GFO 28 / 31

creamy garlic sauce, rocket, parmesan, steamed rice or
spaghetti

HALF RACK BBQ PORK RIBS 32 / 35

chips, creamy coleslaw, smoky BBQ sauce

FULL RACK + 16

MEMBER / NON MEMBER PRICING

FROM THE GRILL

AVAILABLE LUNCH & DINNER

ALL STEAKS COME WITH A CHOICE OF 2 SIDES & A SAUCE

250G BEEF CITY BLACK RUMP GF, DF 30 / 33

300G BEEF CITY BLACK SCOTCH FILLET GF, DF 46 / 49

300G WAGYU RUMP MB 6-7 GF, DF 50 / 53

CHARGRILLED PERI-PERI BONELESS CHICKEN THIGHS 28 / 31
peri peri sauce & your choice of 2 sides

SIDES

chips, garden salad, mashed potato, steamed seasonal vegetables

ADD A TOPPER

fried calamari (6) ^(l) +6

creamy garlic prawns (6) ^(l) +12

fried egg +2

SAUCES All sauces GF, Extra sauce +3

traditional gravy, pepper, creamy garlic, mushroom, hollandaise, Bulldog's burger sauce

CHEF'S SELECTION

AVAILABLE LUNCH & DINNER

MISO-BRAISED BEEF CHEEK GF, DF **36 / 39**

braised beef cheek, crispy sesame rice, smoked eggplant puree,
charred Asian greens, miso reduction

CRISPY TASMANIAN SALMON (A) GF, DFO **35 / 38**

crispy crushed potato, charred asparagus, sweet corn
succotash, crispy capers, hollandaise

CHORIZO & BRIE STUFFED CHICKEN BREAST GF **32 / 35**

creamy mash, roast capsicum, asparagus, creamy garlic sauce

SIDES

AVAILABLE LUNCH & DINNER

TWO DINNER ROLLS & BUTTER	V, DFO	3 / 3
MASHED POTATO	GF	6 / 9
GARDEN SALAD	GF, DF	7 / 10
house dressing		
SEASONAL STEAMED VEGETABLES	V, GF, DFO	9 / 12
BOWL OF CHIPS, GRAVY	DF	10 / 13
POTATO WEDGES		14 / 17
sweet chilli, sour cream		

DESSERT

AVAILABLE LUNCH & DINNER

WARM STICKY DATE PUDDING		12 / 15
vanilla ice cream, butterscotch sauce		
WARM CHOCOLATE BROWNIE		12 / 15
vanilla ice cream, chocolate sauce		
PASSIONFRUIT CURD TART		15 / 18
berry coulis, toasted coconut, whipped cream		

KIDS MENU

AVAILABLE LUNCH & DINNER

FOR AGES 12 & UNDER

**ALL KIDS MEALS INCLUDE A POPPER OR SMALL SOFT DRINK
& ICE CREAM OR JELLY DESSERT!**

HAWAIIAN PIZZA VO

ham, cheese, pineapple mini pizza

SPAGHETTI BOLOGNESE DFO, VO

spaghetti mild beef bolognese sauce, mozzarella

CHEESEBURGER DFO

chips, tomato sauce

BATTERED FISH (I) DFO, GFO

chips, tomato sauce

CHICKEN NUGGETS (6) DF

chicken breast nuggets
chips, tomato sauce



MEMBER / NON MEMBER PRICING