

# Trinity Beach Sports Club

## Coronavirus

Australian Government Department of Health alert web page ([Novel coronavirus \(2019-nCoV\) health alert](#)) for access to the most recent information.

Our members, visitors and guests are important to us here at Trinity Beach Sports Club and we are concerned about the safety, health and wellbeing of all who enjoy our club including our team who help make your experience memorable. On 30 January 2020, the World Health Organisation (WHO) declared the novel coronavirus a public health emergency.

Due to the spread of coronavirus, Trinity Beach Sports Club has implemented precautions following with the official [Australian Government coronavirus guidelines](#).

Trinity Beach Sports Club safeguards are directly from Australian Government Department of Health website and we ask that our members, visitors and guests follow this advice to ensure your own safety and that of our people.

### Who is at risk?

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert#who-is-at-risk>

In Australia, the people most at risk of getting the virus are those who have:

- recently been in mainland China
- been in close contact with someone who is a confirmed case of coronavirus

### If you are at risk

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert#who-is-at-risk>

You need to [isolate yourself](#) if you are at risk of getting the virus:

- If you have been in Hubei Province in the past 14 days, you need to isolate yourself for 14 days after leaving Hubei Province.
- If you have been in mainland China on or after 1 February 2020, you need to isolate yourself for 14 days after leaving mainland China.
- If you have been in close contact with a confirmed case, you need to isolate yourself for 14 days after your last contact with that person.

You do not need to isolate yourself if you:

- left mainland China before 1 February 2020 and did not travel in Hubei Province
- have only travelled in Hong Kong, Macau and Taiwan

### Examples

- If you left Wuhan in Hubei Province on 22 January 2020, you would need to self-isolate until 6 February 2020.
- If you left Shanghai on 28 January 2020 and came to Australia via another country on 3 February 2020, you would not need to self-isolate. This is because you left mainland China before 1 February 2020.
- If you left Beijing on 3 February 2020 and arrived in Australia on the same day, you would need to self-isolate until 17 February 2020.

### How it spreads

There is evidence that the virus spreads from person-to-person, especially in Hubei Province.

The virus is most likely spread through:

- close contact with an infectious person
- contact with droplets from an infected person's cough or sneeze
- touching objects or surfaces (like doorknobs or tables) that have cough or sneeze droplets from an infected person, and then touching your mouth or face

## Prevention

Australian Government Department of Health does not recommend surgical masks for healthy members of the public. A surgical mask will not protect you against the virus.

Everyone should practise good hygiene to protect against infections. Good hygiene includes:

- washing your hands often with soap and water
- using a tissue and cover your mouth when you cough or sneeze
- avoiding close contact with others, such as touching

You can read more about [protective measures against coronavirus](#) on the World Health Organization website. If you have a confirmed case, you need to [isolate yourself](#) to prevent it spreading to other people.

Trinity Beach Sports Club is providing hand sanitisers in areas of the club to promote a healthy environment, and we encourage all who attend our venue (and our staff) to adhere to normal handwashing and hygiene practices.

As the coronavirus is a public health emergency that is evolving, Trinity Beach Sports Club follow recommendations in accordance with official [Australian Government coronavirus guidelines](#).

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